**Jekyll and Hyde**

Wider Reading Booklet

The Life of Robert Louis Stevenson

Preface to Strange Case of *Dr Jekyll and Mr Hyde*

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The beast within

**All extracts takes from the British Library website and the Guardian website**

https://www.bl.uk/works/macbeth

https://www.theguardian.com/uk



**Extracts from *The Life of Robert Louis Stevenson***

Source: <https://www.bl.uk/people/robert-louis-stevenson>

The **Scottish novelist**, essayist, and poet Robert Louis Stevenson is perhaps most famous for his ‘boys’ book’ *Treasure Island*. Born in Edinburgh, he was the son of the distinguished engineer Thomas Stevenson. He suffered from chronic bronchial disease, and spent much of his childhood alone in bed spinning stories: his memories informed *A Child’s Garden of Verses* (1885).

Trained first as an engineer and then as a lawyer, he was always more interested in **writing**, training himself by imitating (‘playing the sedulous ape’) to authors he admired and then, from 1873, publishing essays and working on plays. Conflicted with his father over both religion and earning a living, he led a **bohemian life in Edinburgh** and took walking tours in Britain and abroad. Among his delightful travel accounts are his canoe journey *An Inland Voyage* (1878) and walking tour *Travels With a Donkey in the Cevennes* (1879).

In 1876, he met the love of his life, the lively American **Fanny Van de Grift Osbourne**. In 1879, he followed her to California, where they married after Fanny’s divorce; *The Silverado Squatters* (1884) is the story of their honeymoon in an abandoned mining camp. Stevenson’s fame grew with the publication of *Treasure Island* (1883), and in 1884 he and Fanny moved to Bournemouth, where they lived for three years. During this period he wrote ***Strange Case of Dr Jekyll and Mr Hyde*** and *Kidnapped* (both published 1886).

Worsening health led Stevenson to settle with his family in **Samoa** in 1890, where he lived in great style, and wrote Catriona (1893), a sequel to *Kidnapped*. He died from a brain haemorrhage while working on *Weir of Hermiston* (1896).



**Extracts from *Preface to Strange Case of Dr Jekyll and Mr Hyde***

Source: <https://www.bl.uk/collection-items/preface-to-strange-case-of-dr-jekyll-and-mr-hyde>

In 1880 Robert Louis Stevenson and his friend W E Henley wrote a play called *Deacon Brodie*, or the *Double Life*. It production on the London stage was unsuccessful. Stevenson’s wife, Fanny, in her 1905 preface to *Strange Case of Dr Jekyll and Mr Hyde*, states that the **Deacon Brodie** story, together with ‘a paper [Stevenson] read in a French scientific journal on sub-consciousness’, provided ‘the germ of the idea that afterwards developed into the play’, and later the short story *Markheim*, and the novel *Strange Case of Dr Jekyll and Mr Hyde*.

There is a widely-told story that Fanny woke Stevenson from a **dream** at the point of the first **transformation** of Jekyll into Hyde, thus causing an argument between them. Stevenson subsequently wrote the first draft of the story in three days; Fanny’s **criticism** was that, by using Hyde merely as a tool for the **morally bad Jekyll**, the story missed the potential to be a powerful allegory. This led Stevenson to burn his original manuscript, later rewriting it, again supposedly in three days. Both Fanny and her son insisted on the speed of the rewriting, Fanny stating ‘The amount of work this involved was appalling’.



In Stevenson’s essay *A Chapter on Dreams* (1888) he writes that he ‘had long been trying to write a story on this subject, to find a body, a vehicle, for that **strong sense of a man’s double being** which must at times come in upon and overwhelm the mind of every thinking creature’. He does not talk about burning the *Jekyll and Hyde* manuscript, but mentions another story, *The Travelling Companion*, which he burned because it had been supplanted by *Jekyll and Hyde*. In the same year Stevenson told a reporter from the San Francisco Examiner that the novel had been **drafted** in three days and written in six weeks.

**Extracts from *‘Man is not truly one, but truly two’: duality in Jekyll and Hyde* – Part 1**

Source: <https://www.bl.uk/romantics-and-victorians/articles/duality-in-robert-louis-stevensons-strange-case-of-dr-jekyll-and-mr-hyde>

Robert Louis Stevenson’s *The Strange Case of Dr Jekyll and Mr Hyde* (1886) is a late-Victorian variation on ideas first raised in Mary Shelley’s *Frankenstein* (1818). Stevenson’s monster, however, is not artificially created from stitched-together body parts, but rather emerges fully formed from the **dark side of the human personality**. In the story Dr Jekyll, an admired member of the professional Victorian middle-classes, conducts a series of scientific experiments which unleash from his own psyche the ‘bestial’ and ‘ape-like’ Mr Hyde (ch. 10). **Gothic fiction** had examined the idea of the **sinister** alter ego or double before on many occasions but Stevenson’s genius with Jekyll and Hyde was to show the dual nature not only of one man but also of society in general. Throughout the story, respectability is doubled with degradation; abandon with restraint; honesty with duplicity. Even London itself has a dual nature, with its **respectable** streets existing side-by-side with areas notorious for their **squalor** and **violence**.



Viewed on a simple level, Dr Jekyll is a **good** **man**, much admired in his profession. Mr Hyde, meanwhile, is evil. He is a murderer; a monster who tramples upon a small girl simply because she happens to be in his way. On a deeper level, however, the comparison is not merely between good and evil but between evolution and degeneration. Throughout the narrative Mr Hyde’s physical appearance provokes disgust. He is described as ‘ape-like’, ‘troglodytic’ and ‘hardly human’ (ch. 2). As Mr Enfield, a well-known man about town and distant relative of Jekyll’s friend Mr Utterson, observes ‘There is **something wrong with his appearance**; something displeasing, something downright detestable’ (ch. 1).

Some 15 years before *Jekyll and Hyde*, Charles Darwin had published *The Descent of Man* (1871), a book in which he concluded that humankind had ‘descended from a hairy, tailed quadruped’ which was itself ‘probably derived from an ancient marsupial animal’. Going back even further, Darwin hypothesised that these stages of evolution had been preceded, in a direct line, by ‘some amphibian-like creature, and this again from some fish-like animal’. Such a **nightmarish biological lineage** that denied the specialness of humans, feeds into many late-Victorian Gothic novels. Dracula’s ability to transform into the shape of a wolf or a bat is one example, while Dr Moreau’s experiments upon the hapless animals on his island as he attempts a barbaric form of accelerated evolution is another. Stevenson’s portrayal of Hyde works in a **similar** fashion. Mr Hyde is regarded as **physically detestable** but perhaps only because he subconsciously reminds those he encounters of their own distant evolutionary inheritance. When Dr Jekyll’s medical colleague, Dr Lanyon, witnesses Hyde transform back into Jekyll, the knowledge that the ugly, murderous beast exists within the **respectable Victorian scientist** sends him first to his sick-bed, and then to an early grave.

**Extracts from *‘Man is not truly one, but truly two’: duality in Jekyll and Hyde* – Part 2**

Source: <https://www.bl.uk/romantics-and-victorians/articles/duality-in-robert-louis-stevensons-strange-case-of-dr-jekyll-and-mr-hyde>

The depiction of Dr Jekyll’s house was possibly based on the residence of famous surgeon **John Hunter** (1728–1793), whose respectable and renowned house in Leicester Square in the late 18th century also had a secret. In order to teach and to gain knowledge about human anatomy, Hunter required human cadavers, many of them supplied by ‘resurrection men’ who robbed fresh graves. These were brought, usually at night, to the back entrance of the house, which had a drawbridge leading to the preparation rooms and lecture-theatre. The front aspect of Dr Jekyll’s house presents a ‘great air of wealth and comfort’ (ch. 2). Meanwhile Mr Hyde, soon after we first encounter him, is seen entering a building which displays an air of ‘prolonged and sordid negligence’ (ch.1). The twist is that the reputable front and the rundown rear form two sides of the same property. Stevenson is not only making the point that the respectable and the **disreputable** frequently exist in close proximity, but also that a **respectable façade** is no guarantee against dark secrets lurking within. In a similar fashion, the seemingly decent Mr Enfield, a friend of the lawyer Mr Utterson, first encounters Hyde while ‘coming home from some place at the end of the world, about three o’clock of a black winter morning’ (ch. 1). Exactly where Mr Enfield has been, and what he has been up to, are never made clear but it sounds far from innocent. Throughout the book the people and events that **initially seem innocent** and straightforward become dark and sinister when viewed more closely.



Just as the differing appearances of Dr Jekyll and Mr Hyde play upon the theories emerging from **Charles Darwin’s work**, so their differing personalities explore contemporary debates about moral behaviour and the possible plurality of human consciousness. By literally splitting the consciousness of Dr Jekyll into two – the decent side that attempts, and largely succeeds, in suppressing desires that run contrary to the dictates of society; and the amoral side that runs riot in an attempt to gratify animal desire – **Stevenson explores in a heightened fashion the battles played out in every one of us**. As Dr Jekyll observes ‘I saw that, of the two natures that contended in the field of my consciousness, even if I could rightly be said to be either, it was only because I was radically both’ (ch. 10). Through Hyde, the respectable Dr Jekyll is freed from the restraints imposed by society – ‘my devil had been long caged, he came out roaring’ (ch. 10). In his confession at the end of the book, Jekyll observes that, ultimately, he will have to choose between being Dr Jekyll or Mr Hyde. To become the latter would mean giving up on noble aspirations and being ‘forever despised and friendless’. (ch. 10) To become Jekyll, however, means giving up the sensual and disreputable appetites he can indulge as Hyde. In spite of the curious circumstances of his own case it is, as the melancholy Jekyll observes, a struggle and debate ‘as old and commonplace as man’ (ch. 10).

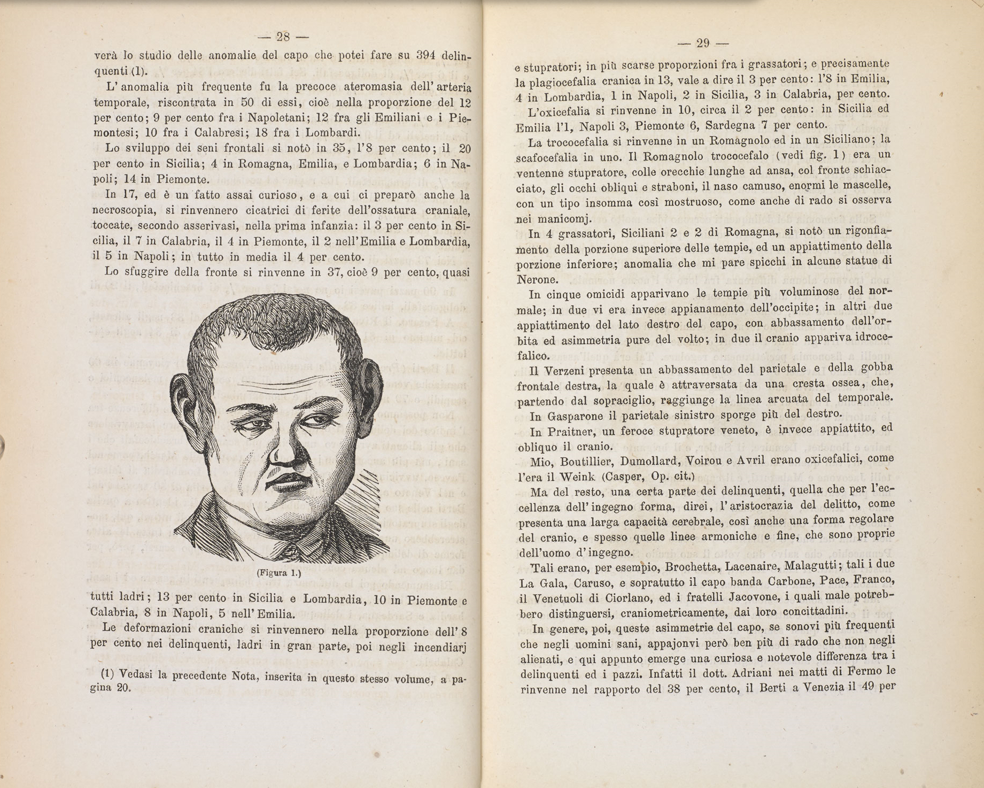
**Extracts from *Gothic fiction in the fin de siècle: mutating bodies and disturbed minds***

Source: <https://www.bl.uk/romantics-and-victorians/articles/gothic-fiction-in-the-victorian-fin-de-siecle>

Late-Victorian society was haunted by the implications of **Darwinism**. The ideas outlined in Charles Darwin’s *On the Origin of Species* (1859) and *The Descent of Man* (1871) had by the 1880s and 1890s been assimilated, initially by the scientific community and then by much of the general public. For many, the balance between ‘faith’ and ‘doubt’ had tipped disturbingly in favour of the latter, and questions about the origins, nature and destiny of humankind had become matters for science, rather than theology to address. The final chapter of *The Descent of Man* contains a passage in which Darwin concludes that humans are ‘descended from a hairy, tailed quadruped’ which, via several intermediary stages, had itself evolved ‘from some amphibian-like creature, and this again from some fish-like animal’. Such a nightmarish lineage in which human evolution was portrayed as a **disturbing variation** on the theme of Frankenstein’s monster, with humanity being assembled from assorted disparate earlier versions, perhaps lies behind the descriptions of Mr Hyde as ‘ape-like’ and ‘troglodytic’ in Stevenson’s Jekyll and Hyde; the implication is that the **brutal** and **uncivilised** Hyde is somehow a reversion to a more primitive stage of human development; a ghastly evolutionary precursor who stands in a direct genetic line behind the eminently respectable Dr Jekyll.

Evolution also raised **doubts** in another sense. Initially it appeared logical that evolution would always lead to physical and mental improvement with weaker and less-useful characteristics being eradicated over time; however, it was soon recognised that this was not necessarily the case. Evolution is a mechanistic process with no guiding hand or ultimate goal and therefore, it was argued, in certain circumstances **degeneration** into less-complex forms was just as likely as progress into more complex ones.

The influential Italian criminologist Cesare Lombroso (1835–1909) had argued that the ‘born criminal’ could be recognised by **certain physical characteristics** – unusually sized ears, for example, or asymmetrical facial features; particularly long arms or a sloping forehead. Mr Hyde’s ‘troglodytic’ appearance in Jekyll and Hyde marks him out as a criminal and as someone who is unacceptable in polite society. The fact that Dr Jekyll, who is highly respected, and Mr Hyde who is a social outcast happen to be one and the same person, allows Stevenson to simultaneously accept Lombroso’s theory (in the depiction of Hyde) and refute it (in the appearance of Jekyll). This implication that the criminal could **lurk** behind an acceptable public persona, and that appearances might provide no real indication of the personality within, rendered Jekyll and Hyde a **particularly disturbing work** during the late 1880s as Jack the Ripper carried out his attacks in Whitechapel.



**Extracts from *Post Darwin: social Darwinism, degeneration, eugenics***

Source: <https://www.bl.uk/romantics-and-victorians/articles/post-darwin-social-darwinism-degeneration-eugenics>

Many Victorians recognised in **evolutionary thinking** a vision of the world that seemed to fit their own social experience. The scale of change during the 19th century, and the impact on people’s lives of **industrialisation, urbanisation and technological innovation**, was unprecedented. The idea of a ‘struggle for existence’ that was central to Darwin’s theory of biological evolution was a powerful way to describe Britain’s competitive capitalist economy in which some people became enormously wealthy and others struggled amidst the direst poverty.

**Darwin’s evolutionary ideas** helped many Victorians to imagine a dynamic world of progress. It seemed to fit perfectly, for a period of time at least, an image of Britain at the forefront of an industrialised and wealthy modern world in which man had definitively tamed nature for his own ends. Towards the end of the 19th century, however, theories of evolution were the basis of fears of **social, racial and cultural degeneration and decline**. Evolution was countered by frightening examples of ‘devolution’. Some of the most popular fiction of this period – including Robert Louis Stevenson’s ***Strange Case of Dr Jekyll and Mr Hyde*** (1886), Henry Rider Haggard’s She (1887) and H G Wells’s *The Time Machine* (1895) – explored scenarios of frightening devolution. Stevenson’s erudite, gentlemanly and rather bored Jekyll turns into the beastly Hyde, who is cruel, lustful and murderous. Hyde’s squat, ape-like body, his dark, hairy hands, and his energy and appetite all signal his ‘primitive’ state.



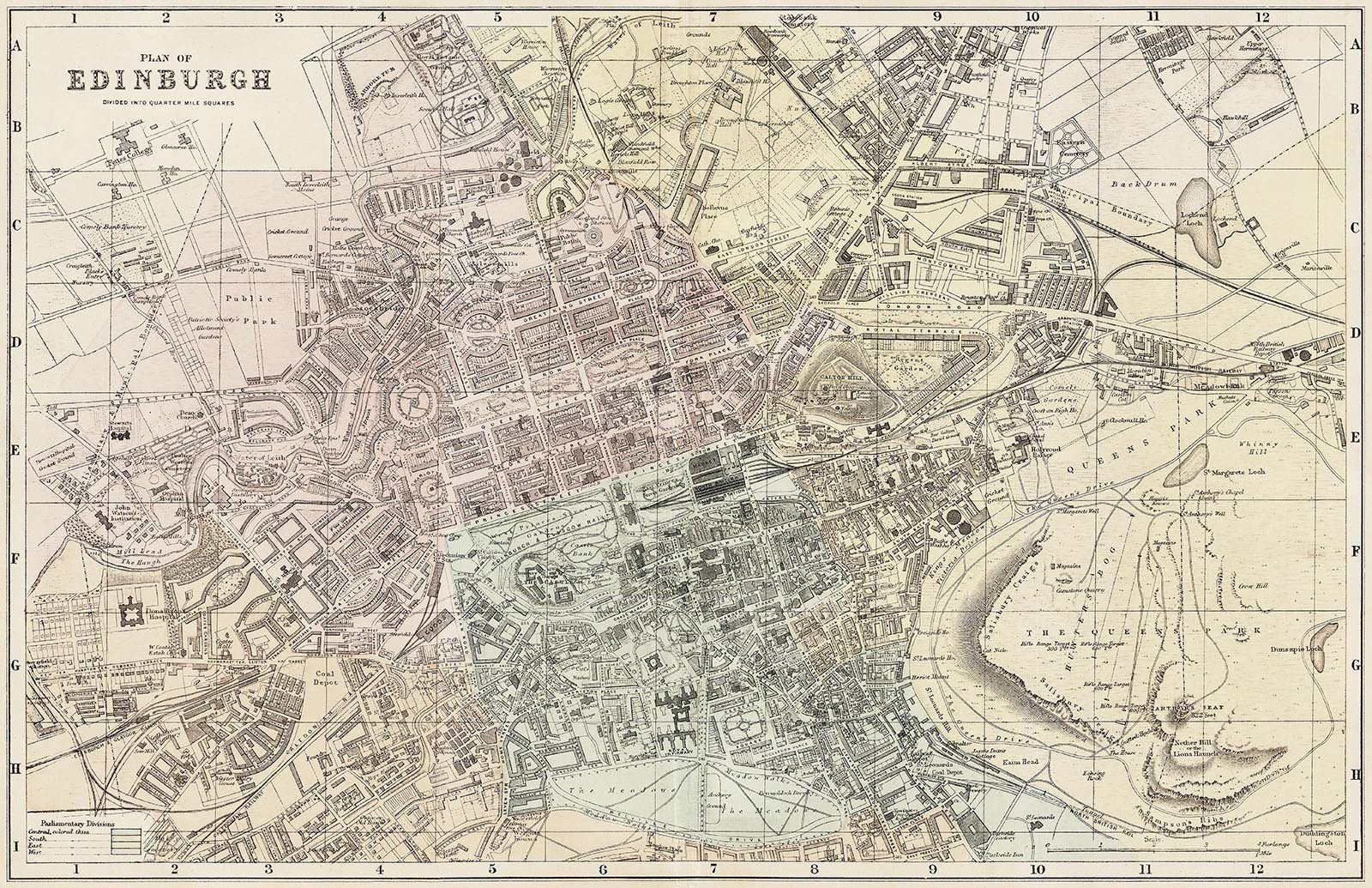
**Fears that modern European civilisation was on the brink of disaster** **and decline** were, for some at least, given credence by the new literature and art. A German writer, Max Nordau, used scientific and evolutionary language to condemn much late 19th-century European music and writing. His book, Degeneration, translated in 1895, attacked a long list of writers, poets, dramatists, artists and composers, including Oscar Wilde. Wilde’s downfall from the height of his fame in the same year, when he was tried and imprisoned for ‘gross indecency’ seemed to illustrate Nordau’s case.

All manner of biological arguments about **degeneration** were extended to debate about social and cultural life in the late 19th century, as major European societies were buffeted by **volatile** economic conditions. Degeneration became an influential idea and a favourite trope for writers. However, notions of degeneration did not supersede other evolutionary ideas, but became a part of the extraordinary imaginative resource that Darwin’s theory – unwittingly, on his part – provided.

**Extracts from *Ian Rankin on The Strange Case of Dr Jekyll and Mr Hyde* – Part 1**

Source: <https://www.theguardian.com/books/2010/aug/16/ian-rankin-dr-jekyll-mr-hyde>

The notion of a ‘Jekyll-and-Hyde’ character has become a **lazy way of describing someone when they do something contrary to their normal nature**. But that’s not quite what Dr Henry Jekyll does. Rather, he consciously searches for a chemical that will allow him to separate out the two sides to his nature. He is fascinated by the duality of man and wants to explore his darker side. **Resolute** and **determined**, eventually he succeeds. But his evil self becomes stronger over time, until it threatens to extinguish Jekyll altogether. The doctor has played with fire and he’s burning from the inside.



Sadly, we’ll never know the thrill experienced by this explosive book’s original audience. Dr Jekyll and Mr Hyde is a work of **suspense**, but we all know the twist these days, don’t we? So why do we still read the story? Well, it’s written with great economy, tension and wit. I know few books so concise that pack such an emotional punch. It’s also a complex narrative: Jekyll himself figures only as a friend of the other characters and narrators – right up until the revelation provided by his ‘confession’. We start the book in the company of two gentlemen called Utterson and Enfield. They are out walking, but Enfield has a story to tell. It concerns a **grotesque incident** and its aftermath. The story links the thuggish and mysterious **Edward Hyde** to the wealthy and urbane **Henry Jekyll**. Utterson and Enfield are in no doubt: their friend is being blackmailed. But Hyde has a stronger hold on Jekyll than this, as Utterson will eventually discover.

The tale originally came to its author in a dream. Robert Louis Stevenson had always trusted to ‘brownies’ – meaning his **daydreams and nightmares**. He felt that stories and characters were being channelled to him from elsewhere. As a young man his fantasy life had been kept in check. He had grown up in a family of engineers and was himself destined for a career in the law. He lived with his family in a large house in Edinburgh’s ‘New Town’ (constructed to a rational, geometric design in the late 18th century). But the population of the New Town had decamped from the squalid, overcrowded and downright dangerous ‘Old Town’ (the stretch of **Edinburgh** between Castle Rock and the Palace of Holyrood). Stevenson was captivated by the Old Town, and would tiptoe out of the house when everyone else was asleep, climbing the steep slope towards drink and **debauchery**. He knew fine well that there were two sides to Edinburgh’s character – he’d known it since childhood. In his bedroom there stood a wardrobe constructed by William Brodie, and young Stevenson’s nanny would tell him the story of Brodie, who had been a respected citizen by day but housebreaker by night. Here was the duality of Man – not only in the figure of Brodie but also apparently built into the construction of the city itself – **light and dark, the rational and the savage**.

**Extracts from *Ian Rankin on The Strange Case of Dr Jekyll and Mr Hyde* – Part 2**

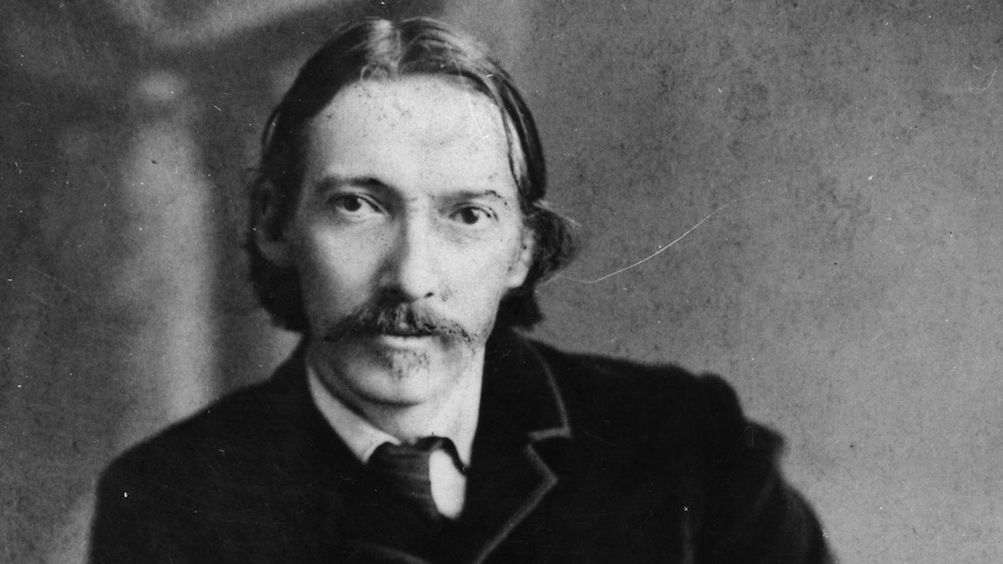
Source: <https://www.theguardian.com/books/2010/aug/16/ian-rankin-dr-jekyll-mr-hyde>

Stevenson suffered **ill-health** all his life, and was being dosed with an experimental drug at the time when his ‘brownies’ assailed him with the story of the good doctor and his evil other self. It must have struck Stevenson that it might be a yarn about his own attraction to the less savoury side of life. Maybe self-preservation led him to set the novel in **London** rather than Edinburgh. On the other hand, London was perfect. It had been the home of a Scots-born doctor called John Hunter. Hunter was known in all the right circles. He was married to a patron of the arts who would give grand parties at their home in Leicester Square. But if you continued through the house you came to Hunter’s surgery. You might also be shown his vast (and growing) collection of weird and wonderful specimens. And eventually, you’d find yourself in the cramped accommodation used by his students, beyond which a door led out into a narrow alley off what is now **Charing Cross Road**. This was where, at dead of night, the grave-robbers arrived with fresh deliveries of cadavers. John Hunter did like his little experiments...

When you read *Dr Jekyll and Mr Hyde* you will be struck by the **similarities**. (Jekyll himself purchased such a property from the heirs of a great medical man.) For a tale steeped in fantasy and the macabre, this is a novel with its roots firmly planted in a recognisable world – so much so, in fact, that when Jack the Ripper began his work, the public began to suspect that Hyde himself might be real. And remember ... Jack, too, was reputed to be a medical man.

As a writer, **Stevenson wanted to explore the various facets of human nature**. Was civilisation just a very thin veneer? Did you dare to scratch its surface and reveal the truth beneath? We are all capable of committing evil acts – look at the atrocities meted out in wartime. Killers talk about the ‘red mist’ that descends, then lifts, leaving them wondering how they could have done such terrible deeds. Religious believers talk of ‘possession’. Psychopaths can appear to be just like you and me for the most part of their lives, but then suddenly flip, before flipping back again.

This is an important book because it discusses a **very basic problem** which is still (and forever) with us – how can we do such terrible things to each other? Jekyll feels hidebound in his own skin, made to comply with the rigid conventions of his class and society. Hyde frees him from this, but the sensation of liberation becomes addictive. It is no accident that **Hyde** is described as being much younger than **Jekyll**. Jekyll himself is a man of 50, regretting times past and opportunities missed. The folly of youth – that sense of possibility and invincibility – is regained when he becomes Edward Hyde. This book, then, is a morality tale as well as a stark warning. It’s also every bit as **claustrophobic**, **creepy** and **chilling** as when it first saw the light of day over a century ago.



**Extracts from *The beast within***

Source: <https://www.theguardian.com/books/2008/dec/13/dr-jekyll-mr-hyde-stevenson>

*Dr Jekyll and Mr Hyde* belongs to everyone who has ever referred to themselves in the **third person**, or cursed their own ‘split personality’, or praised their ‘better nature’. The poet Hugo Williams has compressed the essence into a single line - ‘God give me strength to lead a double life’ - a plea to be in two places at once, not necessarily legitimately, without the inconvenience of a **guilty conscience**. Stevenson’s respectable physician Henry Jekyll appears to have had a similar desire, though his appeal was not to the deity but the pharmaceutical cabinet, with disastrous results.

*Strange Case of Dr Jekyll and Mr Hyde* (the definite article is missing from the original title) was written in about six weeks in the autumn of **1885**. It was Stevenson’s response to a request from the publisher Charles Longman for a **ghost story** for the Christmas number of Longman’s Magazine, in which he gave readers a taste of his best authors. The legend put about by RLS’s stepson Lloyd Osbourne has it that he wrote a draft in three days, after being awakened from a dream, then threw it into the fire when his wife Fanny, Lloyd’s mother, complained that he had ‘missed the allegory’. After a brief period of reflection, Stevenson **wrote it all out again**, ‘in another three days of feverish industry’.

Lloyd was a charming teller of tales about his stepfather, but **not a reliable one**. Letters make it plain that Stevenson spent at least six weeks on the revision. And even if an early version really was burned - ‘imagine my feelings as we saw those precious pages wrinkling and blackening and turning into flames’, Lloyd wrote - there still exist **two full drafts of the novella**.

Fanny, his wife, however, was right to stress the importance of the missing element. **It clearly is an allegory**: in real life, people do not split into separate selves, with different bodily characteristics and ages (Hyde is notably smaller and younger than Jekyll). **But an allegory of what?** Stevenson’s mother Margaret, who lived for three years after the death of her son in Samoa in 1894, was touched to learn that the story had been interpreted by a Church of Scotland minister as a parable on the wages of sin, and preached as a sermon from the pulpit. Stevenson’s first biographer, Graham Balfour (1901), tells us that it was also ‘made the subject of leading articles in religious newspapers’. Stevenson might have smiled indulgently at his acceptance by the kirk many years after he had fallen out with his father over fundamental religious differences, **but he would have disapproved of the simplistic reading of his story** as a lesson on the perils of straying from the path of righteousness.

**There are many other allegorical interpretations of the story**. Elementary Freudianism sees Jekyll as embodying the ego (rational), Hyde the id (instinctive). Jekyll has been seen as a drunk, a drug addict, a pederast, a closet homosexual. In an excellent introduction to the Edinburgh University Press edition of the novella, Richard Dury ranges over a variety of possible readings, noting that of several ‘socially condemned activities’ that Hyde is associated with, ‘veiled allusions to homosexuality are particularly frequent’. The **double life of Jekyll and Hyde** can be seen as parallel to ‘the necessarily double life of the Victorian homosexual’. Even though Stevenson may not have intended leaving them, there are suggestive markers throughout the text: the suspected blackmail of Jekyll by his ‘young man’, his ‘favourite’; the ‘very pretty manner of politeness of Sir Danvers Carew’ when approached in the street - terms that may have denoted **forbidden liaisons** to a Victorian readership.

